

Overnight accommodation for accompanying persons/family room:

We are always anxious to enable you as a family to start together. Together with mother and child, an accompanying person/father can stay overnight in our family rooms after prior registration. Please understand that we cannot always make this possible in case of high occupancy.

The first night is free of charge, each additional night costs **25 €** (without meals). For this purpose, please conclude a *companion contract* at the gate. Alternatively, you can ask at the gate about a *guest room in house A* for **25 €** / night.

Safety in case of emergency: Intensive care unit for premature and newborn babies



This special intensive care unit is located in the immediate vicinity of our delivery rooms. This ensures rapid, optimal care of the children at all times by pediatric specialists in neonatal and premature intensive care. If necessary, a pediatrician accompanies the birth in order to take over the care of the baby directly in the delivery room or after a caesarean operation.

Glance into the intensive unit for premature and newborn babies

Our pediatric clinic has facilities for intensive care including ventilation of newborns as well as diagnostic procedures such as:

- Radiology • Sonography • Echocardiography • EEG.

Blessing:

If you would like your child to be blessed, our nursing staff will be happy to put you in touch with the pastoral care service.

For a successful happy start in life

Our entire maternity ward team is looking forward to being your partner on your child's journey into life. Together with you we want to achieve a safe, healthy and successful start!

Your team of the maternity ward



Date: May 2022

Maternity ward

St. Elisabeth Hospital Wittlich

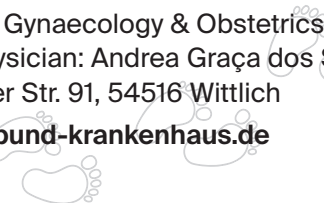


Verbundkrankenhaus
Bernkastel / Wittlich



**St. Elisabeth Hospital
Maternity Ward**

Dept. for Gynaecology & Obstetrics
Chief physician: Andrea Graça dos Santos
Koblenzer Str. 91, 54516 Wittlich
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Welcome to the maternity ward

Just a few hours after the birth of your child, we welcome you warmly to our maternity ward. Here we give you time and security as a family to become familiar with each other and to enjoy your happiness in peace.

Our maternity ward team would like to make the first days after the birth as familiar and pleasant as possible for you. With all our efforts, we want to promote the mother-child bond and strengthen your skills as parents. We will be happy to guide you and provide you with valuable knowledge for dealing with and the new everyday life with your child (washing, diapers, cradling, breastfeeding, etc.).

The midwives, nurses and doctors who accompanied you during the birth will continue to be your preferred contacts in order to best meet your needs.

Within 24 hours after the birth, a first visit by the head physician or senior physician takes place, in which all existing questions can be discussed. On the day before your discharge, a final medical examination and a detailed further discussion will take place. During your stay, you can ask for additional medical appointments at any time. You will also be visited daily by one of our midwives. She will assess the regression of the uterus, any suture that may be present and the production of milk.

Our obstetrics team of midwives, doctors, health and pediatric nurses, breastfeeding and lactation consultants, and our service staff are always available to provide you with advice and support. We hope that the intensive first time of getting to know each other will be an unforgettable and wonderful experience for you and your child.



Tips and tricks - how to put on tiny clothes properly ...



Glance into a patient's room on the maternity ward

Meals in the maternity ward:

Breakfast: 7.30 / Lunch: 12.00 - 13.00 / Dinner: 17.30 - 18.30

You are also welcome to register an accompanying person/father for meals (please pay separately at the kiosk). The ordered and paid meals will be delivered to your room on the ward. (Unfortunately, our cafeteria on the 1st floor is currently closed for patients/visitors due to Corona).

Opening hours kiosk / café (ground floor):

mo - fr: 10.00 - 14.30 h and sa, so, holidays: 10.00 - 14.00 h

Between meals you have the possibility to get beverages, yoghurt, quark and fruit from the refrigerated counter in the Café Storchennest (self-service).

The beverages are in deposit bottles. Therefore, we ask you to leave the empties in the Café Storchennest. If you have food that needs to be cooled, you are welcome to use the refrigerator in the parents' kitchen (room 3114). Water and tea are available for you on the service trolley (self-service). We are also happy to prepare tea for you in your own teapot, which you can then keep in your room.

Preventive medical examinations and further examination offers

In our clinic the U1 takes place directly after the birth and the U2 as a rule before the discharge between the 3rd and 10th day of your baby's life. Your child's state of health is assessed; the heart and lungs are listened to, the blood flow to the skin is examined and muscle tension and innate reflexes are carefully checked.

In addition, the oxygen saturation of the blood is checked painlessly (without a prick) in order to detect threatening heart defects at an early stage. We also perform an advanced metabolic exam, hearing test and initial vision test. For the extended newborn and hearing screening, we require your signature to consent.

If medically necessary, our pediatric specialists also check the normal development of, for example, the head, hips, kidneys or the urinary tract in ultrasound examinations in order to be able to rule out developmental disorders at an early stage.

